



South Carolina Arthritis Prevention and Control Program

ARTHRITIS RESOURCES Resources and Rheumatologists Greenville County

The South Carolina Arthritis Prevention and Control Program is a program of the South Carolina Department of Health and Environmental Control in partnership with the Centers for Disease Control and Prevention, the Arthritis Foundation and other organizations throughout SC.

We have developed this list of resources to help you manage your arthritis. We give you information about 3 Arthritis Foundation programs that can help you manage your condition. All 3 programs should benefit you whether you have arthritis, fibromyalgia, lupus, or some other rheumatic condition.

- Arthritis Foundation-Self-Help Program - Group education classes to help you learn how to manage your condition.
- Arthritis Foundation Exercise Program - An exercise program that uses gentle exercises to improve your strength and energy level and reduce your pain.
- Arthritis Foundation Aquatic Program - A water exercise program for people with arthritis to help you feel better.

We also list support groups for each county and give you a list of rheumatologists in your area. A rheumatologist is a doctor who is a specialist in treating arthritis and other rheumatic conditions.

Arthritis Foundation Self-Help Program:

No program in this county.

Arthritis Foundation Exercise Program:

No program in this county.

Arthritis Foundation Aquatic Program:

Cleveland Street YMCA
721 Cleveland St.
Greenville, SC 29601
(864) 242-4651

Golden Strip YMCA
100 Adams Mill Road
Simpsonville, SC 29681
(864) 963-3605

Rheumatologists:

Foothills Rheumatology
Agha, Amir M.
1350 Cleveland Street
Greenville, SC 29607
(864) 298-8010
(also in Anderson)

Meadows, Deborah
205 Enterprise Blvd, Suite 160
Greenville, SC 29615
(864) 297-0080

Woodward Medical Center
Stephenson, C. Ruffin
21 Aberdeen Dr. (Box 9078)
Greenville SC 29604
(864) 242-4122

Piedmont Arthritis Clinic
Hill, Geneva L., Johnson, Josette J., Lawson,
Jeffery G., & Lipsey, Allison Sentelle
Greenville, SC 29601
(864) 235-8396

Support Groups:

Arthritis Support Group:
Senior Action
402 East McBee Avenue
Contact: Amy Price
(864) 467-3660
Meets the fourth Thursday of the month from
11:00-12:30

Fibromyalgia Support Group:
St. Francis Hospital
3rd floor, Bernadine Center
Greenville, SC 29601
(864) 243-0481
Meets every third Thursday of the month from
6:00-8:00 pm

Lupus Support Group:
American Red Cross Building
940 Grove Road
Simpsonville, SC
(864) 859-8929
Meets the third Sunday of the month at 2:30 pm

Lupus Support Group:
Lupus Foundation of America, Inc.
South Carolina Chapter
P.O. Box 1427
Easley, SC 29641
Phone: (864) 855-2400
<http://www.midnet.sc.edu/lupus>

SC DHEC presents this list as a representative sample of available resources and does not provide funds or receive remuneration from any for-profit organization, group, or website on this list.